

Families Experiencing Homelessness: Connection to Benefit Programs, Child and Partner Separations

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#### Homeless Families Research Briefs

- HHS's Assistant Secretary for Planning and Evaluation (ASPE) and ACF's Office of Planning, Research and Evaluation (OPRE) contracted with Abt to conduct additional analysis of the Family Options Study data
- Family Options Study followed 2,282 homeless families with children who entered shelter between 2010-2012 in 12 sites across the country
- Collected data at enrollment, 20 months, and 37 months later
- Not nationally representative, but has broad geographic coverage and similar to national homeless population



#### Brief topics

#### Briefs Using 20 Month Follow-up Data

- Are Homeless Families Connected to the Social Safety Net?
- Adolescent Well-Being after
   Experiencing Family Homelessness
- Young Children Experiencing Family Homelessness
- Child and Partner Transitions Among Families Experiencing Homelessness
- Patterns of Benefit Receipt Among Families Who Experience Homelessness

### Briefs Using 37 Month Follow-up Data

- Child Separation Among Families
   Experiencing Homelessness
- Characteristics of Families
   Experiencing Chronic
   Homelessness
- Earnings and Self-Sufficiency of Families Experiencing Homelessness
- Behavioral Health Improvements Among Adults in Families Experiencing Homelessness



# Are homeless families participating in public benefit programs?

This brief examines whether homeless families are receiving benefits from program public programs, both while in shelter and 20 months after their shelter stay

TANF cash assistance

Publicly funded health insurance

**SNAP** 

Homeless Families Connected to the Social Safety Net?

Martha R. Burt, Jill Khaddurl, and Danlel Gubits

SSI and SSDI

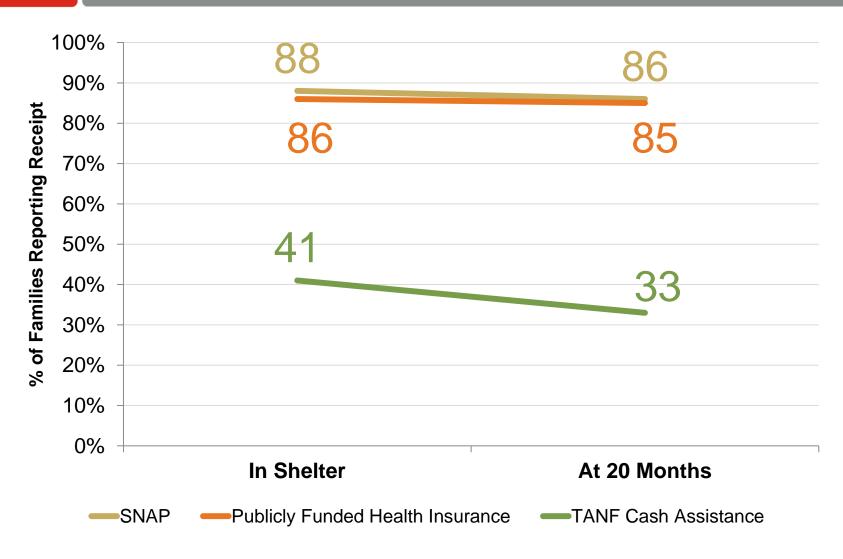
Early education and child care







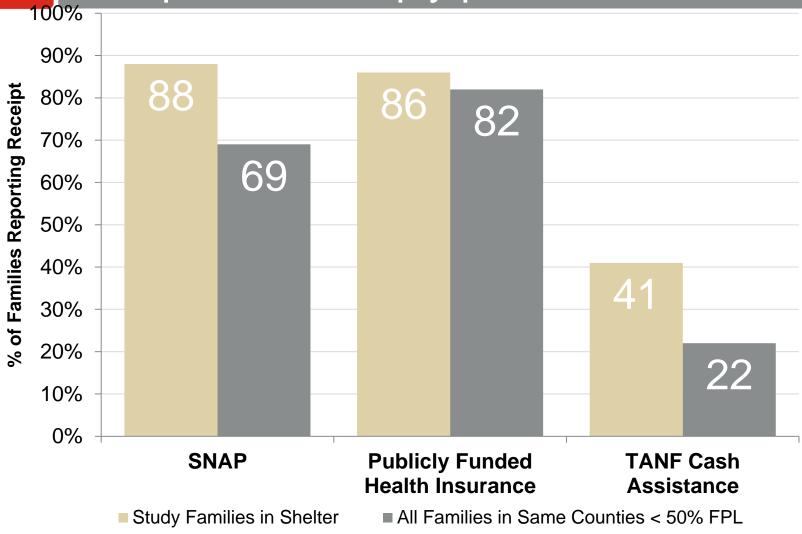
### Study families' receipt of benefits while in shelter and 20 months later



Source: Family Options Study baseline and follow-up survey data



## Study families' receipt of benefits compared to deeply poor families



Sources: Family Options Study baseline data and ACS data



## Patterns of Benefit Receipt Among Families Who Experience Homelessness

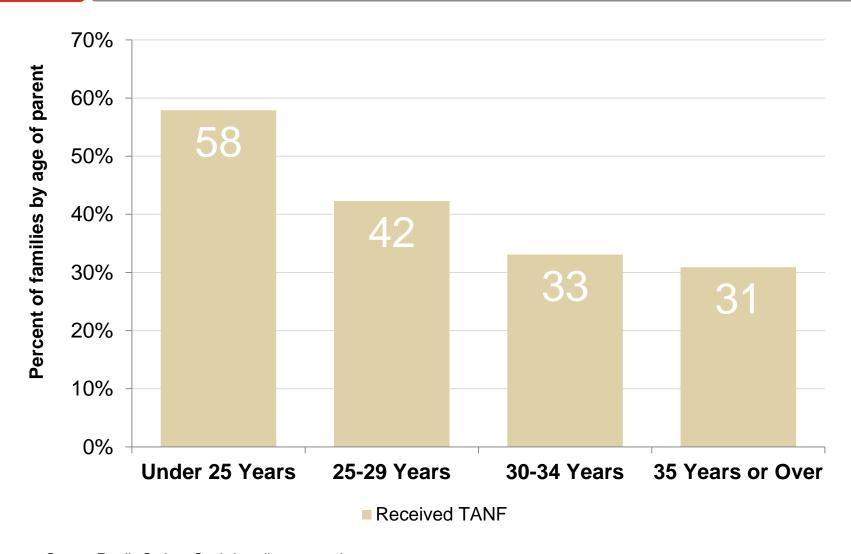
 This brief examines differences in family characteristics of benefit receipt after controlling for the community in which family stayed in ES

 The brief also considers whether there is a connection between benefit receipt 20 months after a shelter stay and recent experiences with unstable housing





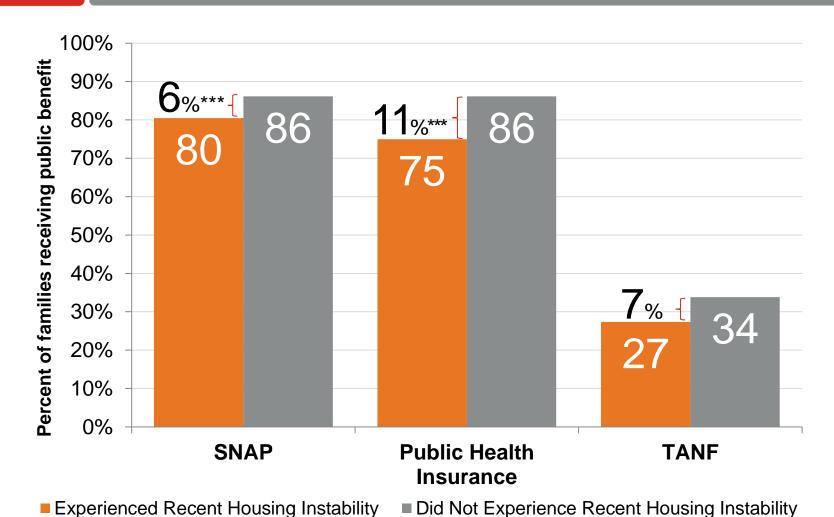
# Receipt of TANF cash assistance while in shelter by age of parent



Source: Family Options Study baseline survey data



### Benefit receipt and housing instability 20 months after shelter stay



Source: Family Options Study 20 month follow up survey data. *Note:* \*\*\*/\*\*/\* denotes statistical significance at .01/.05/.10 level.



#### Main findings – benefit receipt

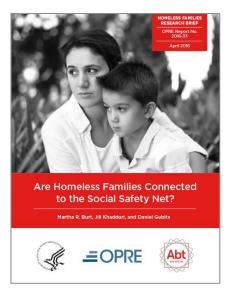
- Lacking support of benefit programs does not set families who use emergency shelter apart from other deeply poor families that remain housed
- Continued housing instability after a shelter stay may make families susceptible to either losing or having difficulty accessing public benefits



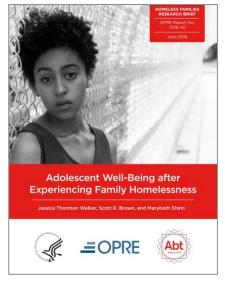
#### Published briefs

#### Available on OPRE's website:

https://www.acf.hhs.gov/opre/research/project/homeless-families-research-briefs



Are Homeless Families Connected to the Social Safety Net?



Adolescent
Well-Being After
Experiencing
Homelessness



Transitions Among
Families
Experiencing
Homelessness



Well-being of Young
Children After
Experiencing
Homelessness